

Amendments to the Specification:

On Page 16 of the specification, please amend the first full paragraph as follows:

The individual mounting devices 26 are preferably designed so that they can each be deactivated or transferred into the "passive position" (indicated by broken lines), which can be done by closing the anchoring orifice 40, for example. To this end, the anchoring orifices 40 are each designed to accommodate a closure ~~elements~~ element 66 if necessary (see FIG. 1). Consequently, every mounting device 26 that is not required can be deactivated or transferred to the passive position. When the anchoring orifices 40 are in the non-closed state, they are in the active or mounting position and are suitable for accommodating the rail fixing elements 28.

On Page 16 of the specification, please amend the second full paragraph as follows:

The sleeper 1 can therefore be adapted to cater for different load situations resulting from the terrain, transport load, speed of the rail vehicle, etc. The closure element 66 is preferably provided in the form of a plug 68 made from plastic in particular,

which can be introduced into the anchoring orifice 40 and removed from it again if necessary.

On Page 20 of the specification, please amend the list of reference numbers as follows:

List of reference numbers

1	Sleeper	36	Rail width
2	Sleeper bottom face	37	Bearing length
3	Gravel bed	38	Recess
4	Cross member	39	Bolt
5	Longitudinal member	40	Anchoring orifice
6	Sleeper longitudinal axis	41	Mounting channel
7	Distance	43	Anchoring part
8	Longitudinal mid-axis	44	Protuberance
9	Bearing	45a	End region
10	Rail element	45b	End region
11	Bottom face	46a	End face
12	Bearing surface	46b	End face
13	Transverse extension	47a	Step
14a	Sleeper length	47b	Step
14b	Sleeper width	49	Step edge
15	Cross member length	50	Height
16	Width	51	Step length
17	Intersecting region	52	Step width
18	Side face	53	Channel distance
19	Distance	54	Shoulder surface
20	Longitudinal projection	55	Gap
21	Longitudinal projection	56	Connecting element
22	External contour	57	Connecting region
23	Bearing surface	58	Bearing height
24	Top face	59	Gap
25	Damping mat	60	Sleeper distance
26	Mounting device	61	Intermediate region

27	Fixing and clamping point	62	Dimension
28	Rail fixing element	63	Top face
29	Distance	66	Closure element
30	Distance	67	Fixing distance
31	Side	68	Plug
32	Side		
33	Support surface		
34	Damping element		
35	Bearing width		